Pickering Post



JUNE 2022

A Message From Michelle

"Sometimes," said Pooh, "the small things take up the most space in your heart".

That Pooh was a wise little bear. I remember reading to my own "little cub" those stories of Pooh, Piglet, Eeyore and Tigger and not realizing how his words would continue to resonate after all these years.

In taking a moment to consider the importance of the little things in life, I must admit that it's hard for me to live in the moment. I've tried. I mean really, really tried. But I tend to be an over-thinker, a worrier...so I worry about everything and most of it being out of my control!



I'm fairly positive that if you found the oldest, wisest person you know and ask them what really mattered the most in their lives, they'll likely tell you about their husband, wife and family.

So, my message this month is about taking the time and truly appreciating all the "small things". So here goes...(Be patient, this might take awhile!) It's the pleasure of the first sip of coffee in the morning personally delivered by that person who loves you; it's the sighting of the first peony that blooms; it's the sound of rain on a Saturday morning when you have nowhere to go; it's a sunrise that begins every new day; it's the smell of homemade Italian sauce; it's the giggle coming from a little red-haired girl with sparkly sneakers; it's holding hands; it's the tears when you have to say goodbye to family that you know you won't see for awhile; it's the laughter of a child, no matter how old they are; it's hugging someone really tight because it makes you both feel better; it's the taste of coconut almond ice cream; it's a lick on the face from your favorite puppy; it's hearing a favorite song on the radio when you least expect it and singing really loud because no one can hear you; it's spending time with old friends and meeting new ones too; it's a cold glass of

Rose on a summer night; it's the beauty of a quiet lake; it's the first snowfall of the season; it's a full moon; it's deer grazing in a field; it's the thrill of New York City...and it's reading a bedtime story about a bear named Pooh to a sleepy little girl.

What's yours?

Happy June!

Michelle

Michelle Knobloch, NHA Chief Executive Officer www.PickeringManor.org

UPDATES

PERSONAL CARE AVAILABILITY

A Beautiful Place to Call Home!



SCHEDULE A TOUR

OUR LIVING OPTIONS

CONTACT US!

Personal Care

A Lifestyle Created Just for You...

At Pickering Manor, a 5 star quality rated CCRC, we provide the perfect balance of care while encouraging our residents to maintain as much independence as possible. Located in our new building our 15-unit Personal Care neighborhood offers private suites of various sizes – each with its own living area, bedroom, kitchenette, and bathroom. Best of all, our personal care rates are ALL-INCLUSIVE: no levels, no hidden fees. **LEARN MORE!**



CONTACT US TODAY!

PICKERING MANOR AUXILIARY



Standing, L-R: Kelly Moyer, Beverly Remsburg, Jane Mahler, Jean Torongo, Barbara Gallelli and Sitting, L-R: Marge Torongo, Lois Malloy, Jeanette Rogers and John Parry (not pictured: Tina Schaffer)

The Pickering Manor Auxiliary Executive Board is working hard towards their commitment to the residents of Pickering Manor. We are grateful for all that the Auxiliary and our volunteers do for our Pickering Manor community!

Executive Board Members:

President – Jane Mahler First Vice President – Jean Torongo Second Vice President – Tina Schaffer There are many exciting events ahead! Next event - Resident Picnic on 6/21

VOLUNTEER TODAY!

Recording Secretary – Barbara Gallelli Corresponding Secretary – Lois Molloy

Treasurer – Jeanette Rogers

PICKERING

Now Hiring!

CALLING ALL POSITIONS!

Bring your heart to Pickering and grow with us!

www.pickeringmanor.org

Be Pickering Proud! We are hiring all positions - all shifts.

Nurses, CNAs, Aides (Personal Care- Memory Care - Rehab and Skilled)

Dietary Aides/Server, Line/Prep Cooks, Housekeeping, Maintenance

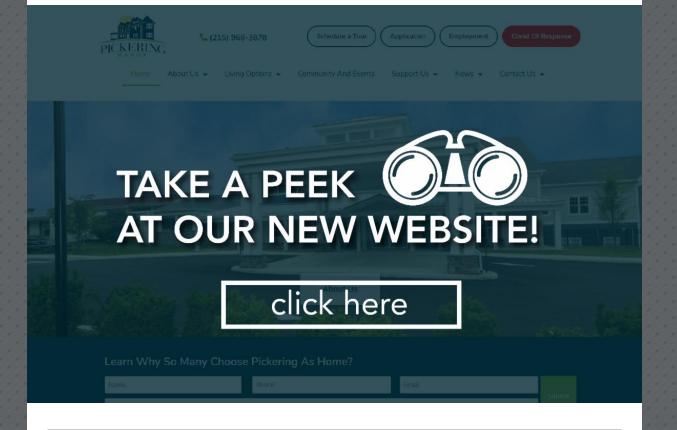
APPLY TODAY!



DONATE TODAY!

CAPITAL CAMPAIGN

We have reached 75% of our goal of \$1.5 million. We encourage all potential and existing donors to explore doubling their gift through their employer's Matching Gift program. You can **give online** or call our Development Department for more information at (215) 968-3878 ext. 1112.



UPCOMING EVENTS

LESS THAN A WEEK AWAY!

Newtown Rotary Golf Outing



VISIT US ON JUNE 26!

Pickering Manor is excited to be a part of the



Newtown Welcome Day - back after 3 years!

JOIN US AS A VENDOR OR STOP BY AND VISIT OUR TABLE!

LEARN MORE

ANNOUNCEMENTS

HAPPY BIRTHDAY!

Happiest of birthdays to our residents celebrating a birthday this month:

June Birthdays

<u>June 22</u> Gloria Jean C.

> <u>June 29</u> Roslyn G.

June 29 Emilio L.



PICKERING COMMUNITY

RESIDENT SPOTLIGHT

Celebrating our residents "then & now." Each month we will celebrate a resident from both our Personal Care and our Skilled Nursing neighborhood.





Our Activities team created a tribute wall for Catherine. Catherine's Most Memorable Moment: Going to the chapel on August 30, 1952.



Each lunch table was decorated beautifully with "spotlight" placemats, a personalized menu and flowers!





The Personal Care team even made little favors. Since Mary loves music, they made musical note wrapped chocolates!



Our Dining Staff never disappoints the meal was delicious! One of Mary's special requests was shrimp cocktail!

RESIDENT HIGHLIGHTS

BRING ON THE SUNSHINE

Sunshine and manis on the porch! Our Skilled Nursing Neighborhood enjoying a little vitamin D while getting their nails prettied up!









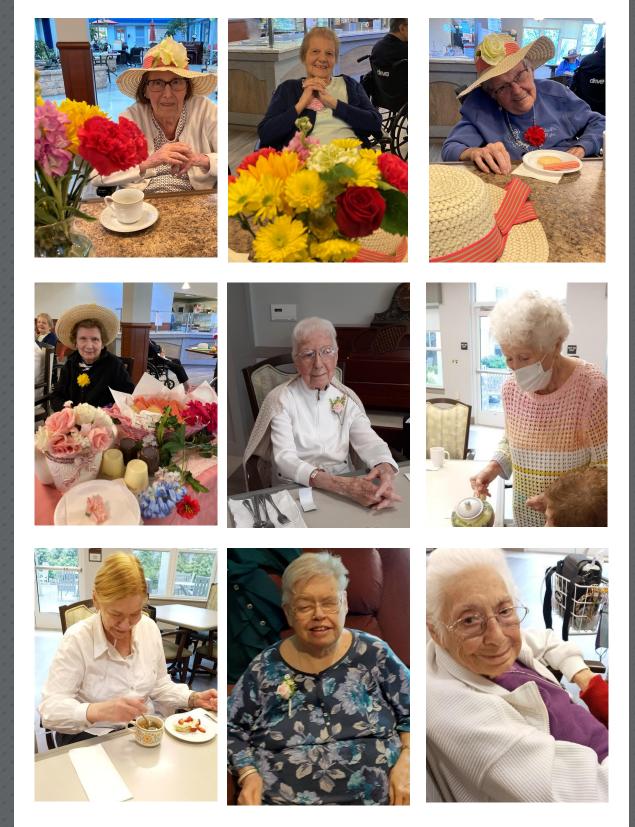
HAPPY MOTHER'S DAY!

We want to thank the families of our residents for allowing us the opportunity to care for their mothers like they are our own. We had a truly beautiful time celebrating them for Mother's Day (and everyday!). A few highlights...









GETTING A LITTLE PET THERAPY

We sure do love our Bella visits! Thank you to our volunteers Beverly and Bella for always making our residents smile!









TERRARIUMS

The PC (Personal Care) crafting crew was very focused while making terrariums!





ALL THINGS SPRING!

As we welcome summer in just a few weeks - we will take all our wonderful

memories of spring with us!

Our Pickering Manor neighborhoods had a great time celebrating the holidays and the emergence of all things spring!

A special thank you to the Pickering Manor Auxiliary and those who donated all the adorable bunnies for our residents! They loved them and were very excited to decorate their rooms or share them with their grandchildren!

Check out the video below for highlights!



VOLUNTEER HIGHLIGHTS

ANNUAL VOLUNTEER CELEBRATION

Our hearts are full as we celebrate our volunteers! We are forever grateful for all our volunteers do for Pickering and our residents. A few highlights below!











STAFF HIGHLIGHTS

THANK YOU TO OUR WONDERFUL STAFF!

We were full of love as we celebrated our nurses and staf ffor National Nurses and National Skilled Nursing Home Week! Thank you to our staff for all you do for Pickering Manor and most importantly, our residents. Additionally, thank you to all the nurses and nursing home staff out there making a difference for so many lives

We would also like to extend a heartfelt thank you to all our friends who made our week a special one! Ocean Home Health, Dr. Sitapara, Select Rehab, Dr. Kahn, Cura, St. Mary's Home Health, Ed Kruopas, Pickering Manor and our residents' family.

And a special shout out to our Director of Nursing, Terry Z., and Assistant Director of Nursing, Jacqui B., for making it happen (in so many ways!)

Check out the video below for highlights!



SUPPORT GROUP

Pickering Manor offers a monthly online Dementia Support Group
The support group helps caregivers in Newtown and our surrounding communities stay social and supported during these unprecedented times.

The group discusses the emotional and mental well-being of caregivers, preventing burn out, enhancing the understanding of the disease process, and creating a supportive network



with other caregivers in the community.

For more information/sign up: Meri Luarasi, Memory Care Administrator, at (215) 968-3878 or email her here.



Stay tuned for dates!!!

Sign Up Today!

We are now on Instagram!

FOLLOW US!





Pickering Manor

Located in Newtown, PA, Pickering Manor is a non-profit senior-living facility offering Independent Living consisting of 10 semi-detached cottages and 24 senior rental apartments. In 2020, Pickering Manor launched its largest expansion to date; the 26,000 square foot Sidney T. Yates Pavilion complete with a state-of-the-art rehab, 15 Short-Term Rehab rooms, and 15 Personal Care rooms are now open.



In 2021, Pickering Manor finished renovations to the existing "Pickering Pavilion" which includes a 32 -bed renovated Skilled Nursing unit and a 21-bed certified Memory Care unit will be opening soon!

Pickering was founded in 1963 and is the only 5-star community-owned and operated continuing care retirement community (CCRC) in Pennsylvania.

About Pickering Manor

CONNECT WITH US











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