

PICKERING MANOR HOME

POLICY AND PROCEDURES

June 18, 2021

Policy: Pickering Manor's visitation policy

Purpose: It's the policy of Pickering Manor to allow visits during the COVID-19 Public Health Emergency for all residents at all times, while adhering to the core principles of COVID-19 Infection Prevention to reduce the potential for transmission and in accordance with 42 CFR §483.80(h). The core principles of COVID-19 infection prevention include:

- Screening of all individuals who enter the facility for signs and symptoms of COVID-19 (e.g. temperature checks, questions about and observations of signs and symptoms), and denial of entry of those with symptoms or those who have had close contact with someone with COVID-19 infection in the prior 14 days regardless of the visitor's vaccination status.
- Hand Hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering both mouth and nose)
- Social Distancing at least six feet between persons
- Instructional signs throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g. use of face coverings or masks, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting of high frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate Use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (e.g. separate areas dedicated to COVID-19 care)
- Resident and staff testing as required at 42 CFR §483.80(h). (QSO-20-38-NH,9/17/20, updated 10/13/20 and 3/10/21)

Definitions:

“Compassionate Care Visits”: Visits for a resident whose health has sharply declined or is experiencing a significant change in circumstances.

“Fully Vaccinated”: Refers to a person who is ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single dose vaccine, per the CDC’s Public Health Recommendations for Vaccinated Persons

“Outbreak”: When a new nursing home onset of COVID-19 occurs (i.e. a new COVID-19 case among residents or staff)

“Outbreak testing”: Testing of all residents and staff when a new positive COVID-19 result is identified. This testing continues until the facility achieves fourteen (14) days with no new positive test results of residents or staff. ****Outbreak testing is not triggered for a positive staff test result when the staff member has not been in the building during the infectious period (2 days prior to onset of symptoms or if asymptomatic, 2 days prior to the positive test)**

Procedure:

- a) Visits will be permitted during the COVID-19 pandemic with respect to the individual needs of each resident considering each residents’ physical, mental and psychosocial well-being, and support for their quality of life.
- b) Compassionate Care visits required under federal disability rights law are always available regardless of the resident’s vaccination status, the county’s COVID-19 positivity rate or outbreak status.
- c) Outdoor visits are the preferred method of visits and are always available, weather permitting. All outdoor visits will be limited to 60 minutes each.
- d) Indoor visits are always available for all residents provided Pickering Manor schedules visits in a manner to meet the individual needs of the resident(s) and family member(s) while maintaining the COVID-19 core principles of infection prevention. Indoor visits will be 60 minutes each. For example, a family member if unable to visit on a weekday due to work schedules may coordinate with staff to schedule visits during the evening or on weekends. Pickering Manor is responsible to ensure that the COVID-19 core principles of infection control are followed during visits.
- e) Pickering Manor requires **that all visitations be scheduled prior to visiting.**
The set visitation hours:
 - a. **SKILLED UNIT: Visiting hours are from 10am- 12:30 pm and 2 pm -4:30 pm 7 days a week. Residents may have 2 visitors daily for designated indoor spaces. Residents may have 3 visitors daily for designated outdoor visits. Compassionate care visits are unlimited for 60 minutes (two visitors). End of life visits are unlimited with no time restrictions (two visitors).**
 - b. **REHAB: Visiting hours from 4pm -8 pm Monday-Fridays and 2p-8p Saturdays and Sundays with 2 visitors at time. Visits are limited to 60**

minutes. If scheduling during their mealtime, resident must have their meal in the room during the visits.

c. Personal Care: visits are daily 9:45 am- 8 pm excluding mealtimes. Personal care indoor visits may have 2 visitors for 1 hour. Outdoor visits are 3 visitors for 1 hour daily.

- f) Pickering Manor will designate staff members (Volunteer coordinator, Activities staff and social services) responsible for scheduling and coordinating visits.
- g) The administrator is responsible for the development and implementation of the home's specific visitation plan that meets the needs of the residents, maintains the COVID-19 core principles of infection prevention, and does not cause disruption to the safe operation of the home.
- h) Visitors will be informed of the designated entrance/exit, visitor location area and routes of travel through the home to ensure safety and compliance with visitation protocols.
- i) Masks will be provided at the designated visitor entrance area if someone doesn't have one. **All visitors must wear masks prior to entering Pickering Manor and continuously during the visit making sure that the mask always covers both the nose and mouth.**
- j) Visitors will be instructed to hand sanitize using the alcohol-based hand sanitizer rub at the designated visitor entrance and at the visitor area upon completion of the visit.
- k) Visitors will complete the screening and questionnaire process in accordance with Pickering Manor's established protocols. Visitors who present with symptoms will not be permitted entry to the facility.
- l) Visitors are not required to be tested or vaccinated as a condition of visitation.
- m) Indoor visitation is not permitted (other than compassionate care and end of life visits) when:**
 - the county positivity rate is >10% and <70% of residents in the facility are fully vaccinated, for residents with confirmed COVID-19 infection, whether vaccinated or not.
 - for residents with confirmed COVID-19 infection, whether vaccinated or not until they have met the criteria to discontinue Transmission Based Precautions, and
 - for residents in quarantine, vaccinated or not, until they have met criteria for release from quarantine.
- n) When a new case of COVID-19 among residents or staff is identified, the home shall immediately begin outbreak testing and suspend all visitation (except those required for Compassionate Care, end of life, and federal disability rights law) until at least one round of facility-wide testing is completed. Visitation may resume based on the following criteria:**
 - If the first round of testing reveals no additional COVID-19 cases in other areas of the facility, then visitation can resume for resident in those areas

with no COVID-19 cases. However, the home must suspend visitation on the affected unit until the home meets the criteria to discontinue outbreak testing.

- If the first round of outbreak testing reveals one or more additional COVID-19 cases in other areas of the home, the home will suspend visitations for all residents until the facility meets the criteria to discontinue outbreak testing.
- The Pickering Manor Personal care should refer to CMS guidance and Pickering Manor's policy related to COVID-19 testing.

- o) Visitor movement will be limited throughout the building during visits. For example, visitors will not walk around different halls of the community. Rather, they will go directly to the resident's room or designated visitation area. Visitors may not visit in public areas, and should not come in contact with other residents, staff nor visitors.**
- p) Where the health status of the resident prevents leaving the room, the home will attempt to enable in-room visitation while adhering to the COVID-19 core principles of infection prevention. Visits for residents who share a room will be conducted with prior scheduled appointments only and for 30 minutes each visit.
- q) Residents who are fully vaccinated can have close contact with their visitors (including touch) provided they wear a well-fitting face mask and perform hand-hygiene before and after the visit.
- r) The home will provide instructional signage throughout the building to assist with visitor education regarding proper PPE protocols, designated screening or visitor registration areas, and other relevant visitor information.
- s) Pickering Manor designee will present visitors with a packet of educational information prior to visits. This packet will include information on the Pickering Manor's infection control practices, use of PPE, Visitor Acknowledgement and Consent and other building specific information.
- t) Copies of signed forms will be provided to the visitor and the originals retained by the Pickering.
- u) Pickering Manor's administrative team will establish criteria for limits on the number of visitors permitted at one time for each resident and in the building at any given time based on the individual needs of the resident, the building's space and ability to manage the safety of the visits.
- Children will be permitted to visit provided the adult visitor is able to manage the child to ensure adherence to the COVID-19 core principles of infection prevention and the child will be counted in the number of visitors allowed at any given time for a resident in order to continuously maintain adherence to the COVID-19 core principles of infection.

continuously maintain adherence to the COVID-19 core principles of infection prevention.

- v) **Children over the age of two (2) years old must consistently be able to wear a mask during the entire visit.**
- w) Pickering Manor staff and residents are tested in accordance with CDC and PA DOH guidance established by the county COVID-19 positivity rating.
- x) Residents will be permitted privacy during all visits; however, visits will be observed routinely to ensure that visitors are complying with the established policies and procedures.
- y) Pickering will allow for enough time between visits to ensure that there is sufficient time for cleaning and disinfecting of the visitation area between each scheduled visit.
- z) Hospice/End of Life/Comfort care:
 - Residents on Hospice are allowed additional daily visits dependent on their situations.
 - Actively dying residents' visits may be ongoing for the immediate family members. No more than 2 visitors at a time. Spouses takes precedence to other family members. Other family members will need to wait outside of building or in front lobby if able to accommodate until it's their turn.
 - Family will need to call the facility ahead of the visits to inform staff of their pending time of visits.
 - Staff will screen family and provide them with PPE.
 - Staff will escort family to resident room and provide family with privacy.
 - Staff will check in with family members to ensure their needs are being met.
 - Staff will escort family back out of family at the end of their visit.
 - Communicate with nursing by using the call bell system to eliminate unnecessary movement through out facility hallways during your visits.
- aa) Partners/Vendors:
 - Partners and vendors will receive Pickering Manor's policy for visitation and must adhere.
 - All partners and vendors must call in advance and schedule all visits.
 - Partners and vendors who show up without scheduled appointments will be asked to leave and call for appointment.
 - Upon entering building, they will be Covid 19 screened, and temperature checked. They will sign their name and enter time in and out of facility and receive the colored dot of the day.

- The receptionist will contact the director with whom the visit is scheduled. The director will meet vendor and escort them to meeting place/unit.
- They will not be allowed to walk anywhere through out building unless the business for which they are onsite requires.
- All partners and vendors will be required to wear the appropriate PPE and bring/wear the masks at all times in the facility.

bb) Non-medical Outings:

1. Resident's family members may choose to take them out for non-medical outing/visits (examples: shopping/stores, restaurants, Parks, picnic/party, family home). These Non-medical outings/visits will be allowed however some scenarios may need to assess on a case-by-case basis.
 - a. The extent to which infection prevention and control precautions (including universal masking, hand hygiene, and physical distancing) are achieved based on the circumstances of the outing
 - b. **Whether the resident is fully vaccinated.**
 - c. The resident's level of vulnerability due to any chronic or immunocompromised conditions; and
 - d. Duration of the outing, including whether it includes an overnight stay.
2. If the outing poses a high risk based on several factors (below), testing may be appropriate. Ideally, wait at **least 2-3 days** following the outing to **perform testing**. Residents with this type of high-risk outing do not need to be placed under transmission-based precautions unless exposure is known or highly suspected¹. Factors of a high-risk outing include:
 - a. Substantial community spread in the area(s) visited or home county ($\geq 10\%$ county positivity rate or incident rate $\geq 100/100,000$ incidence) **AND**
 - b. A gathering of more than 10 people **AND**
 - c. Failure of consistent universal masking for the duration of the outing **OR**

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- d. Failure of physical distancing from resident (for example, hugging or riding in a vehicle with persons not wearing face coverings or masks).