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**Pickering Manor Hosts Free Seminar
“Heart Disease – Signs, Symptoms and Prevention”**

NEWTOWN, Pa. – Pickering Manor in Newtown will host a free, one-hour informational seminar titled “Heart Disease – Signs, Symptoms and Prevention” on Thursday, February 16 at 6:30pm. (226 N. Lincoln Ave.)

The seminar will cover; the warning signs of a heart attack; the warning signs of a stroke; American Heart Association’s “Life’s Simple 7”; what is high blood pressure; signs of Atrial Fibrillation; new medication for Myocardial Infarction and Atrial Fibrillation and signs and treatment of Congestive Heart Failure. The seminar is presented by Nereida (Cookie) McCulley-Brustedt, LPN of Mercer Bucks Cardiology. The seminar will include time for questions and answers.

Call 215-968-3878 ext. 1074 to reserve a seat for this free seminar as there is limited seating available.

Located in Newtown, Pickering Manor is a non-profit Continuing Care Resident Community offering 10 semi-detached Cottages, 24 Apartments, 22 private Personal Care units and 47 licensed Rehab/Skilled Nursing beds. Pickering is a four-time recipient of a 5-star overall quality rating from the Centers for Medicare and Medicaid Services – the highest score possible. For more information about Pickering Manor visit www.pickeringmanor.org.

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